Ethno-botany of Trans-Giri Area of Sirmonr District of Himachal Pradesh

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The ethnobotanical study is a step towards understanding the interactions between plant wealth and local inhabitants of rural areas. The present communication deals with the importance of ethnobotany of 'Paharis' inhabiting the Trans-Giri area of Sirmour District in Himachal Pradesh. The emphasis is on the relationship between the usage of indigenous wild medicinal and aromatic plants growing in this area by the natives. The mode of the usage is, however, restricted to the 'Pahari' community only.

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